

## Format for the khalwa:

**Astaghfirallahu al-'adhim (500-1000x\*)**

*I seek forgiveness in God Almighty.*

**Laa ilaha illa huwa al-hayy al-qayyum wa atubu ilayh ( 1x )**

*There is no god but He, the Living, the Everlasting, and to Him I turn in repentance.*

**Make TWO RAKAT of prayer**

**Allahumma sali 'ala sayyidina muhammadin wa aalihi wa sahbihi wa sallim (500-1000x)**

*O Allah! send prayers and peace upon our Liege-Lord Muhammad and his family and his companions.*

**Muhammadun rasulullah (1x)**

*Muhammad is the Messenger of Allah.*

**Make TWO RAKAT of prayer**

**Laa ilaha illallah (500-1000x)**

*There is none worthy of worship but Allah.*

**Muhammadun rasulullah (1x)**

*Muhammad is the Messenger of Allah.*

**Make TWO RAKAT of prayer**

**Name of Allah image (below)** - 1 hour looking at the Name with eyes open, then one hour visualizing the Name in your heart with eyes closed.

\*the number of repetitions is given by Sidi before the start of each khalwah.

