

The Seven Stations of the Nafs

	First Station	Second Station	Third Station	Fourth Station	Fifth Station	Sixth Station	Seventh Station
Its Name	Inciting to Evil An-nafs al-ammara	Reproachful Self An-nafs al-lawama	Secure and Inspired Self An-nafs al-mulhama	Serene Tranquil Self An-nafs al-mutma'inna	Well Pleased Contented Self An-nafs ar-radiyya	Well Pleasing Self An-nafs mardiyya	Complete Perfect Self An-nafs al-kamila
Its Walking (as-sair)	Toward Allah Ila 'llah	To Allah Li 'llah	With help by Allah 'ala 'llah	With Allah Ma'a 'llah	For Allah Fi 'llah	From Allah 'ani 'llah	Because of Allah Bi'llah
Its World (al-'alam)	The Testimony Ash-shahada	Al-barzakh	The World of Spirits	Muhammadan Reality	The Divinity Al-lahut	The Testimony Ash-shahada	Multiplicity in Unity and Unity in Multiplicity
Its Place (al-mahall)	The Chest In Truth al-sadr	The Heart Al-qalb	The Spirit/Soul Ar-ruh	Innermost Being The Secret as-sirr	Secret of the Secrets as-sara'ir	Well Hidden Al-akhfa	Most Hidden Secret
Its State	Inclination Attraction	Affection Love	The Deep Love Al-'ishq	Connection	Sufficiency Al-ghana	Perplexity Al-haira	Perpetuity Al-baqa
Its Means Of approach or Source of Inspiration (al-warid)	The Law Ash-shari'a	The Path At-tariqa	Gnosis/Direct Knowledge Al-marifa	Shari'a Secrets The Reality Al-haqiqa	It has no warid because of the fana of the attributes.	The Law Ash-shari'a	All the places previously mentioned.
Its Attributes	Hurting others Ignorance Envy, greed Hatred, appetite Arrogance Resentment Pride,fame Anger Forgetfulness	Self satisfaction Blame, thinking Grasping,conceit Arrogance, protest,hidden pride, love of appetites, love of high position	Forgives, humility Patience Generosity Acceptance Knowledge Endurance Modesty Withstands pain	Trust, generosity Reliance on Allah Forbearance Worship gratitude Contentment Fortitude Tolerance	Happiness Az-zuhd Sincerity Al-iklas Pious restraint Al-wars'	Peace,good character, forsaking everything except Allah, gentleness with creation, closeness to Allah	All the praiseworthy qualities.
Its Medicine or Deliverance	La ilaha illa 'lla	Allllah	Ya Hu Hu Hu Hu Hu	Ya Haqq Ya Haqq Ya Haqq	Ya Wahab: Ya Fattah: Ya Ahad Ya Samad: Ya Hayy	Eternally Self Sustaining Ya Qayyum	All Prevailing Ya Allah Ya Qahhar